

Nepal ActionAsia 3 day ULTRA 60k & 100k MARATHON

2016 - NEPAL Action Asia 3 day ULTRA

60K

Overall Position	Race Number	First Name	Last Name	Day 1	Day 2	Day 1 +2 Total Time	Day 3	3 Day Overall Timing	3 Day Final Timing	Cat Position	Category	Remarks
1	107	Fouad	Mouadine	02:54:40	02:47:52	5:42:32	02:02:52	07:45:24	07:45:24	1	60km Men 30-39	
2	14	Nick	Rinaudo	03:01:23	02:54:04	5:55:27	02:11:28	08:06:55	08:06:55	2	60km Men 30-39	
3	112	Andrew	Cooper	03:13:50	03:08:45	6:22:35	02:19:40	08:42:15	08:42:15	1	60km Men 40-49	
4	102	Fabien	Dupleix	03:30:38	02:58:11	6:28:49	02:15:46	08:44:35	08:44:35	3	60km Men 30-39	
5	105	William	Harrison	03:50:25	02:48:35	6:39:00	02:07:05	08:46:05	08:46:05	4	60km Men 30-39	
6	129	Kate	Kim	03:14:48	03:09:31	6:24:19	02:23:37	08:47:56	08:47:56	1	60km Women 30-39	
7	126	Tong	Wu	03:50:06	03:29:20	7:19:26	02:45:39	10:05:05	10:05:05	1	60km Women 18-29	
8	104	Wesley	Hannam	04:07:39	03:24:54	7:32:33	02:34:40	10:07:13	10:07:13	5	60km Men 30-39	
9	122	Nadene	Freysen	04:07:39	03:24:54	7:32:33	02:34:40	10:07:13	10:07:13	2	60km Women 18-29	
10	106	DAVID	MESLIER	04:07:39	03:34:13	7:41:52	02:43:16	10:25:08	10:25:08	6	60km Men 30-39	
11	124	Sarah	Green	03:53:36	03:43:20	7:36:56	02:53:03	10:29:59	10:29:59	3	60km Women 18-29	
12	108	Olivier	Raynaud	03:53:15	03:19:35	7:12:50	02:28:25	09:41:15	10:41:15	7	60km Men 30-39	1 hour penalty without medical kit
13	143	Márcia	Silva	04:08:51	03:42:30	7:51:21	02:55:06	10:46:27	10:46:27	2	60km Women 30-39	
14	111	Matteo	Angeletti	04:31:15	03:59:32	8:30:47	02:53:50	11:24:37	11:24:37	2	60km Men 40-49	
15	117	Mathias	Helleu	04:30:40	03:51:01	8:21:41	03:06:43	11:28:24	11:28:24	1	60km Men 50-59	
16	135	Allison	Burton-Parker	04:26:43	04:09:00	8:35:43	03:07:04	11:42:47	11:42:47	1	60km Women 40-49	

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17	136	Yu Ling	Chau	04:57:30	04:12:29	9:09:59	02:43:57	11:53:56	11:53:56	2	60km Women 40-49	
18	109	Raffaele	Russo	04:15:27	04:23:23	8:38:50	03:36:14	12:15:04	12:15:04	8	60km Men 30-39	
19	103	Pierre	Greselle	04:07:39	03:24:54	7:32:33	02:43:16	10:15:49	12:15:49	9	60km Men 30-39	2 hours penalty without medical kit
20	47	Claudia	Soldati	04:41:16	04:38:49	9:20:05	02:57:59	12:18:04	12:18:04	3	60km Women 40-49	
21	120	Gordon	Oldham	04:30:40	04:19:54	8:50:34	03:31:17	12:21:51	12:21:51	1	60km Men 60+	
22	121	Kevin	Wiles	04:34:36	04:23:23	8:57:59	03:36:04	12:34:03	12:34:03	2	60km Men 60+	
23	101	Dan	Codling	04:34:36	04:23:23	8:57:59	03:36:14	12:34:13	12:34:13	10	60km Men 30-39	
24	114	Luca	Martines	04:33:55	04:02:28	8:36:23	03:59:34	12:35:57	12:35:57	3	60km Men 40-49	
25	138	Grace	Cooke	05:45:33	03:34:03	9:19:36	03:16:52	12:36:28	12:36:28	4	60km Women 40-49	
26	131	Rebekka	Kristin	04:59:38	04:25:05	9:24:43	03:11:49	12:36:32	12:36:32	3	60km Women 30-39	
27	145	Hulda	Thorey	04:59:38	04:25:05	9:24:43	03:11:49	12:36:32	12:36:32	5	60km Women 40-49	
28	128	Lucy	Dryburgh	05:17:17	04:22:01	9:39:18	03:02:27	12:41:45	12:41:45	6	60km Women 40-49	
29	100	Ziyad	Karmy	05:10:44	04:16:17	9:27:01	03:18:04	12:45:05	12:45:05	1	60km Men 18-29	
30	125	Charlotte	Martin	05:10:50	04:16:17	9:27:07	03:18:04	12:45:11	12:45:11	4	60km Women 18-29	
31	137	Wai yee	Cheung	05:20:33	04:32:35	9:53:08	03:34:56	13:28:04	13:28:04	7	60km Women 40-49	
32	132	Yan Kam Vimla	MAK	05:22:39	04:37:24	10:00:03	03:39:57	13:40:00	13:40:00	4	60km Women 30-39	
33	43	BARBARAH	DUDMAN	05:07:02	05:35:02	10:42:04	04:23:26	15:05:30	15:05:30	8	60km Women 40-49	
34	110	Tim	Versteeg	05:41:50	05:17:18	10:59:08	04:16:58	15:16:06	15:16:06	11	60km Men 30-39	
35	130	Elke	Kornalijnslijper	05:41:50	05:17:18	10:59:08	04:16:58	15:16:06	15:16:06	5	60km Women 30-39	
36	144	Tara	Smyth	05:31:04	05:35:02	11:06:06	04:23:37	15:29:43	15:29:43	9	60km Women 40-49	
37	134	Carol	Wong	05:42:05	05:46:01	11:28:06	04:17:17	15:45:23	15:45:23	6	60km Women 30-39	

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38	29	Neil	Johnson	07:35:31	03:47:13	11:22:44	04:30:45	15:53:29	15:53:29	2	60km Men 50-59	
39	39	Vanessa	Ha	06:43:44	05:26:29	12:10:13	03:57:44	16:07:57	16:07:57	7	60km Women 30-39	
40	133	Alyssiah	Tsui	06:31:14	05:46:01	12:17:15	04:07:34	16:24:49	16:24:49	8	60km Women 30-39	
41	40	CHIU	LAI KWAN	05:53:02	06:03:57	11:56:59	04:34:23	16:31:22	16:31:22	9	60km Women 30-39	
42	139	Jume	Lee	06:11:43	08:06:22	14:18:05	05:34:08	19:52:13	19:52:13	10	60km Women 40-49	
43	148	Beth	Putman Williams	06:37:14	08:05:22	14:42:36	05:32:56	20:15:32	20:15:32	1	60km Women 60+	
44	141	Sandy	Porter	07:02:21	08:00:04	15:02:25	05:34:20	20:36:45	20:36:45	11	60km Women 40-49	
45	118	Kevin	Rice	07:02:10	08:00:02	15:02:12	05:34:41	20:36:53	20:36:53	3	60km Men 50-59	
46	146	Susan	Rice	07:02:10	08:00:04	15:02:14	05:34:41	20:36:55	20:36:55	1	60km Women 50-59	
47	123	Margaux	Helleu	04:24:35	03:41:20	8:05:55	DNF	N/A	N/A		60km Women 18-29	
48	113	Alberto	Grignolo	05:49:34	05:55:48	11:45:22	DNS	N/A	N/A		60km Men 40-49	
49	119	Michael	Cooke	05:53:23	DNS	N/A	03:17:42	N/A	N/A		60km Men 60+	
50	127	Kate	Choyce	05:52:34	DNS	N/A	04:11:59	N/A	N/A		60km Women 30-39	
51	140	Kalaiselvi	Natarajan	07:35:31	DNS	N/A	04:36:56	N/A	N/A		60km Women 40-49	
52	15	Laurence	Smith	5:36:33	DNS	N/A	04:43:50	N/A	N/A		60km Men 30-39	